

## **Presentation: Six Principles for experiencing *ENOUGH* in Special Education**

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### **ABSTRACT**

The concept of *enough* is an ancient one. The word *enough* was introduced in the western lexicon in 888 AD. Its origin is derived from a combination of German and Sanskrit *ge-noh* meaning *together-reaching*. Ancient wisdom reveals to those who will listen that to experience *enough* in any context implies forming a relationship, to *reach-together*. The focus of this presentation is to discover what *reaching-together* feels like in educational settings.